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The *Top* Doctors

207

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Myth #7: Shaving makes hair grow back darker, thicker and coarser.

Shaving affects the skin's surface, so the hair follicles underneath remain the same, says Holy Cross Hospital dermatologist Gregory Perez, M.D. The short stubble that results appears to be coarser and darker, but it's just an illusion; the follicle will become softer and appear lighter once it grows. "Hair grows under the skin's surface, so shaving the surface isn't affecting the skin bulb," he says. – A.F.

GASTROENTEROLOGY

Harvey Cohen, M.D.

Gastroenterology Consultants
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Boca Raton, FL 33486
Ph: 561.368.3455
Primary Hospital: Delray Medical Center
Endoscopy

Sidney Neimark, M.D.

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Medical Center
Endoscopy

Vito Proscia, M.D.

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Regional Hospital
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Disorders, Endoscopy*

GERIATRIC MEDICINE

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Medical Center

Steven Kanner, D.O.

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Geriatric Cardiology

Richard Levine, M.D.

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Regional Hospital
*Internal Medicine, Preventive Medicine,
Concierge Medicine*

GYNECOLOGIC ONCOLOGY

Frank Cirisano, M.D.

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Regional Hospital
*Laparoscopic Surgery, Ovarian Cancer,
Uterine Cancer, Cervical Cancer*

HAND SURGERY

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*Carpal Tunnel Syndrome, Endoscopic
Surgery, Wrist Injuries*

Michael Krebsbach, M.D.

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Regional Hospital
*Trauma, Reconstructive Surgery,
Arthritis, Congenital Hand
Deformities*

INFECTIOUS DISEASE

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*AIDS/HIV, Wound Healing/Care, Hepatitis,
Lyme Disease*

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Regional Hospital
Fevers of Unknown Origin,

*Tropical Medicine, Endocarditis,
Pneumonia*

INTERNAL MEDICINE

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Kidney Disease

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Geriatric Medicine, Preventive Medicine

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*Women's Health, Osteoporosis,
Concierge Medicine*

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Concierge Medicine

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INTERVENTIONAL CARDIOLOGY

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The *Top* Doctors

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*of South Florida's best
physicians in 39 specialties*



There's nothing more personal than your health. And we're here to help. For the sixth consecutive year, we've partnered with Castle Connolly to provide you with the most comprehensive list of South Florida's top physicians. Because if you're anything like us, there's no messing around when it comes pinpointing the best doctors for you and your family.

Also sprinkled in the top docs list are some common medical myths that we've debunked with the help of local experts. Who knew waiting 30 minutes after eating to swim was actually an old wives' tale? We didn't. Find out what other myths are out there.