

FAMILY TREE of HEALTH

To establish your personal risk of certain health conditions, we first need to know the medical facts of your Family Tree.

Let's draw a map of what you know.

Fill in the blanks with any health condition you are aware of in your known family. It is important to know of types of cancers and the age they were when they were diagnosed. Other important conditions are heart disease and diabetes. List any condition of note that you may recall. If you don't know, just put a "?".

We do this for the 1st, 2nd and 3rd generation of family members as follows:

1st DEGREE:

Your MOM _____

Your DAD _____

Your BROTHER(S) _____

Your SISTER(S) _____

Half-Brothers and Half-Sisters, too _____

Your CHILDREN _____

Additional Notes:

2nd DEGREE

Grandparents:

Your MOM'S DAD _____

Your MOM'S MOM _____

Your DAD'S DAD _____

Your DAD'S MOM _____

Aunts and Uncles:

Your MOM'S Sister(s) _____

Your MOM'S Brother(s) _____

Your DAD'S Sister(s) _____

Your DAD'S Brother(s) _____

Nieces and Nephews:

Your SISTER'S Kid (1) _____

Your SISTER'S Kid (2) _____

Your SISTER'S Kid (3) _____

Your BROTHER'S Kid (1) _____

Your BROTHER'S Kid (2) _____

Your BROTHER'S Kid (3) _____

Grandchildren:

Your KID'S KIDS (1) _____

Your KID'S KIDS (2) _____

Your KID'S KIDS (3) _____

3rd DEGREE*Cousins:*

Your MOM'S Sister's Kid (1) _____

Your MOM'S Sister's Kid (2) _____

Your MOM'S Brother's Kid (1) _____

Your MOM'S Brother's Kid (2) _____

Your DAD'S Sister's Kid (1) _____

Your DAD'S Sister's Kid (2) _____

Your DAD'S Brother's Kid (1) _____

Your DAD'S Brother's Kid (2) _____

Great Aunts and Uncles:

Your MOM'S Mother's Sister(s) _____

Your MOM'S Mother's Brother(s) _____

Your MOM'S Father's Sister(s) _____

Your MOM'S Father's Brother(s) _____

Your DAD'S Mother's Sister(s) _____

Your DAD'S Mother's Brother(s) _____

Your DAD'S Father's Sister(s) _____

Your DAD'S Father's Brother(s) _____